

# Alma-Ruut Karjalainen

Actress FIA

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Based in: Helsinki, Finland

Showreel: [www.almaruut.com/reel](http://www.almaruut.com/reel)

Height: 5 feet 6 inches (168cm)

Age Range: 23-33

Vocal range: C3 – C6, belt Eb5



## Education

2025	Study Module in Musical Theatre The University of the Arts, Helsinki
2022	<b>Master of Fine Arts</b>   Acting (International) East 15 Acting School, University of Essex
2017	<b>Bachelor of Culture and Arts</b>   Early Childhood Music Education Metropolia University of Applied Studies, Helsinki

## Cinematography

Year	Genre   <b>Title</b>   Role   Director   Production Company
2025 (Upcoming)	Short Film   <b>In Your Dreams</b>   Tiina, Supporting Role   Marjo Väkeväinen   Keuda
2025	Commercial   <b>Hanna's Hustle, The Surprise, and Father-in-law's Grilling Sausage</b>   Hanna, Lead Role   Markus Virpiö   HK
2025	Short Film   <b>Swallow the Sun</b> - Music Video   Girlfriend, Supporting Role   Jan Viljanen   Tosikino
2025	TV   <b>Arctic Circle</b> , Season 4   Young Raakel, Supporting Role   Juha Lankinen   Yellow Film & TV
2024	Short Film   <b>Time</b>   Nina, Lead Role   Emma Viitanen   Indie
2024	Short Film   <b>A Moment for a Lifetime</b>   Girlfriend, Supporting Role   Kasper Korpelainen   Indie

## Theatre Credits

Year	Company   <b>Production</b>   Role   Director
2025	Theatre Imatra   <b>Love echoes in everything</b>   Karla   Timo Rissanen, chor. Osku Heiskanen
2024	Theatre Imatra   <b>Forever Young</b>   Sister Alma   Timo Rissanen, chor. Osku Heiskanen
2023	Valtimo Theatre   <b>Heterofil</b>   Woman 3   Heikki Häkkä
2023	Dance Theatre Raatikko   <b>Hyppynarutus</b>   Naru   Jaakko Toivonen
2022	Bridewell Theatre   <b>Heart Break Hotel</b>   Mrs. Thomas / Kimberly / Jane / Dancer   Angela Ekaette Michaels
2022	Bridewell Theatre   <b>Tartuffe</b>   Dorine   Tony Graham
2021	The Corbett Theatre   <b>The Snow Queen</b>   Snow Queen   Tracy Collier

## Skills

Languages: Finnish (native), English (fluent)

Accents: Standard English Accent (UK)

Singing: A Cappella, Musical Theatre, Ensemble

Dancing: Broadway, Jazz, Tap

Voice work: Audiobooks, Voice Overs

Others: Teaching, Car Driving Licence